**General Visit and Fee Information:**

We believe in transparent, upfront pricing, so you know exactly what to expect when it comes to your healthcare investment. Below are the standard fees for our functional medicine consultations:

**New Patient Appointments:**

**New Patient Deep Dive & Discovery Consultation (60-90 minutes)**

At Health Bridge Wellness Center, we believe that optimal health begins with understanding the root causes of your symptoms. Our New Patient Deep Dive & Discovery Consultation is designed to take a comprehensive look at your health history, lifestyle, and any concerns you may have, giving us the insight we need to create a tailored plan for your long-term wellness.

During this consultation, we will:

* **Review Your Health History**: We’ll take a detailed look at your medical history, including past treatments, conditions, and family history, to understand the broader picture of your health.
* **Explore Your Lifestyle Factors**: Your diet, stress levels, sleep patterns, physical activity, and environmental exposures are all integral to your health. We’ll dive into these aspects to identify any factors that may be affecting your well-being.
* **Understand Your Symptoms**: Whether it’s chronic fatigue, digestive issues, or other concerns, we’ll listen carefully to your symptoms and assess how they might be connected to deeper imbalances in your body.
* **Conduct Thorough Assessments**: Depending on your needs, we may recommend functional medicine testing (such as lab work, microbiome analysis, or hormone assessments) to gather more specific insights into your body’s functioning.
* **Create Your Personalized Wellness Plan**: Using the information gathered, we’ll design a customized treatment plan that may include nutritional adjustments, supplements, stress management strategies, and lifestyle modifications—all aimed at addressing the root causes of your health concerns.
* **Collaborate and Empower**: We’ll give you the time to ask questions, discuss your goals, and make sure you feel informed and empowered to take charge of your health journey.

This consultation is an in-depth, holistic approach to understanding your body’s needs. By focusing on you as a whole person, we can help you achieve lasting, transformative health that goes beyond simply masking symptoms.

**Fee:** $325.00

**New Patient Pediatric Consultation (60-75 minutes)**  
When caring for our pediatric population, we recognize that children are unique, and each health concern is a reflection of their overall well-being. During your child’s initial consultation, we take the time to truly listen to both the child’s symptoms and your concerns as parents. Our goal is to uncover the root causes of your child’s health issues, rather than just treating symptoms, to support long-term wellness.

During the consultation, we will:

* Conduct a thorough review of your child’s medical history, diet, lifestyle, and any environmental factors that may be influencing their health
* Focus on the specific medical complaint, but also look for any underlying imbalances that could be contributing to their condition
* Offer gentle, child-friendly diagnostic tools, and, when needed, advanced testing to identify nutritional deficiencies, hormonal imbalances, or other root causes
* Work together with you to create a holistic, personalized treatment plan tailored to your child’s unique needs, including nutritional guidance, lifestyle adjustments, and natural remedies
* Take the time to answer your questions, involve your child in their care plan when appropriate, and ensure that both you and your child feel comfortable and empowered throughout the process

We believe that every child deserves to thrive, and we’re committed to partnering with you to help your child reach their fullest potential in health.

**Fee:** $250.00

**New Patient Consultation – Focused Visit (30-45 minutes)**

If you’re dealing with a specific health concern and need fast, focused care, our new patient consultation is designed to address just that. Whether it’s an acute issue, an ongoing symptom, or something that requires immediate attention, we’re here to help you get the answers and care you need.

During your consultation, we will:

* Perform a targeted evaluation based on your specific complaint to quickly understand the issue at hand
* Review your medical history and any relevant details to ensure a comprehensive approach to your care
* Provide an efficient diagnosis and discuss clear, actionable next steps for treatment, whether that’s immediate relief or follow-up care
* Ensure that you leave with a clear understanding of your options and a treatment plan that’s right for your needs

This consultation is designed for patients that are new to Health Bridge Wellness Center seeking help with a single medical complaint and looking for prompt, focused care. We aim to provide effective solutions without the wait, so you can get back to feeling your best as soon as possible.

**Fee:** 125.00

**Established Patient Appointments:**

**Follow-up Consultation (30 minutes)**  
At our clinic, follow-up consultations are an essential part of ensuring that you’re on the right path to achieving optimal health. Whether you’ve been working with us on a specific health concern or are continuing a treatment plan, this session allows us to reassess your progress, address any new questions, and make any necessary adjustments.

During your follow-up consultation, we will:

* Review your progress since the last visit, including any changes in symptoms, health, or lifestyle
* Discuss any challenges or questions you may have encountered and adjust the treatment plan accordingly
* Monitor the effectiveness of current treatments or therapies, making modifications as needed to better support your healing process
* Offer additional guidance or resources to help you maintain and build upon your improvements
* Provide continued support to ensure your health goals are being met and that you feel confident in your care plan moving forward

Follow-up consultations are designed to empower you in your health journey, providing a space to refine your treatment plan and continue making meaningful strides toward long-term wellness.

**Fee:** $95.00

**Focused Visit (30 minutes)**

As an established patient, we understand that sometimes urgent health concerns arise that need prompt attention. This focused consultation is designed to address a single, specific medical complaint, providing you with fast and effective care while maintaining continuity with your ongoing treatment plan.

During your visit, we will:

* Conduct a targeted assessment of your specific complaint, reviewing relevant details and symptoms
* Use your medical history and previous treatment information to quickly understand the context and identify the best course of action
* Provide a clear diagnosis and offer immediate treatment options or recommendations to manage your condition effectively
* Make adjustments to your treatment plan if necessary, ensuring that your care stays aligned with your long-term health goals
* Give you the time to ask questions and address any concerns, so you feel confident in the next steps of your care

This appointment is designed for established patients who need focused, timely support for a single health concern while ensuring your ongoing wellness plan remains on track.

**Fee:** $95.00

**Additional Fee for Extended Time**

We strive to give each patient the time and attention they need during their follow-up visits. In some cases, the appointment may extend beyond the scheduled timeframe to thoroughly address your concerns or ensure that all aspects of your care are properly reviewed.

If your follow-up visit exceeds the allocated time, there may be an additional fee to cover the extra time spent. This fee helps ensure that we can continue to provide personalized, high-quality care and allow for a thorough, unrushed visit.

We are committed to providing the time and support needed to guide you toward your health goals, and we will do our absolute best to communicate any additional time or fees at the time of your visit.

**Fee:** $45.00 per 15-minute interval

**Payment Options:**

* **Payment Methods Accepted:** Credit card, debit card, HSA/FSA, check, and cash.
* **Insurance:** We are out-of-network with most insurance providers. We can provide you with the necessary documentation if you wish to submit to your insurance for potential reimbursement.
* **Cancellation Policy:** A 24-hour notice is required for cancellations. Cancellations made with less than 24 hours' notice will be subject to a $50.00 cancellation fee.

### ****No Hidden Fees:****

There are no surprise fees—what you see here is what you’ll pay. Should your appointment exceed the scheduled time, we’ll always communicate any additional charges upfront.

**Contact us today to schedule your appointment!**  
We look forward to partnering with you in your journey to optimal health.